

OUR ASSESSMENT FOR THE CONTRIBUTION OF FIRST TIME DATSCAN SCINTIGRAPHY TO DIAGNOSIS AND TREATMENT OF PATIENTS WITH PARKINSONIAN SYMPTOMS

Christina Fragkaki¹, Ioannis Nikolakakis²,
Vasiliki Renieri², Aikaterini Archontaki³

¹Nuclear Medicine Physician, MD, PhD

² Resident Neurologist, MD

³Nuclear Medicine Physician, MD

Chania General Hospital "St. George"

INTRODUCTION

- ◉ During a period of 1.5 years in the newly established Nuclear Medicine Department of Chania General Hospital, 50 patients with Parkinsonian symptoms (PS), had the opportunity to undergo for the first time a basal ganglia scintigraphy with ^{123}I -Ioflupane.

PURPOSE

- Our purpose was to evaluate the combined visual interpretation with quantification in the differential diagnosis and in the therapeutic approach of patients with Parkinsonism.

METHODOLOGY

- 50 patients, 25 females and 25 males, were screened on a GE-dual-head INFINIA-II γ -camera: 17 patients with clinically diagnosed Parkinsonism (PD or Parkinsonian syndromes), 22 with PS under investigation and 11 with clinically diagnosed essential tremor.

METHODOLOGY

- Benamer's scale was used for visual assessment (Grade 0: normal, Grade 1: asymmetrical loss of putaminal tail - comma with full stop, Grade 2: bilateral loss of putaminal tails - two full stops, Grade 3: partial to complete loss of caudate and putaminal signal - disappearing full stops).^[1]
- For quantification the DaTQUANT analysis system was used with Z-score $\{Z_{sc} = (\text{measured} - \text{mean}) / \text{SD}\}$ evaluated.^[2]

RESULTS

1

- ◉ In 10/11 patients with clinically diagnosed essential tremor, initial diagnosis was confirmed and 1/11 was positive for Parkinsonism and started treatment.
- ◉ 13/22 with PS under investigation, were diagnosed with idiopathic tremor,
- ◉ 9/22 were positive for Parkinsonism and started treatment.

RESULTS

2

- 9/17 with clinically diagnosed Parkinsonism were positive and continued their treatment as before,
- 6/17 increased medication and
- 2/17 were negative and stopped any treatment.
- For 13/25 patients with positive scan and known ischemic lesions, we suggested imaging comparison of the affected areas.

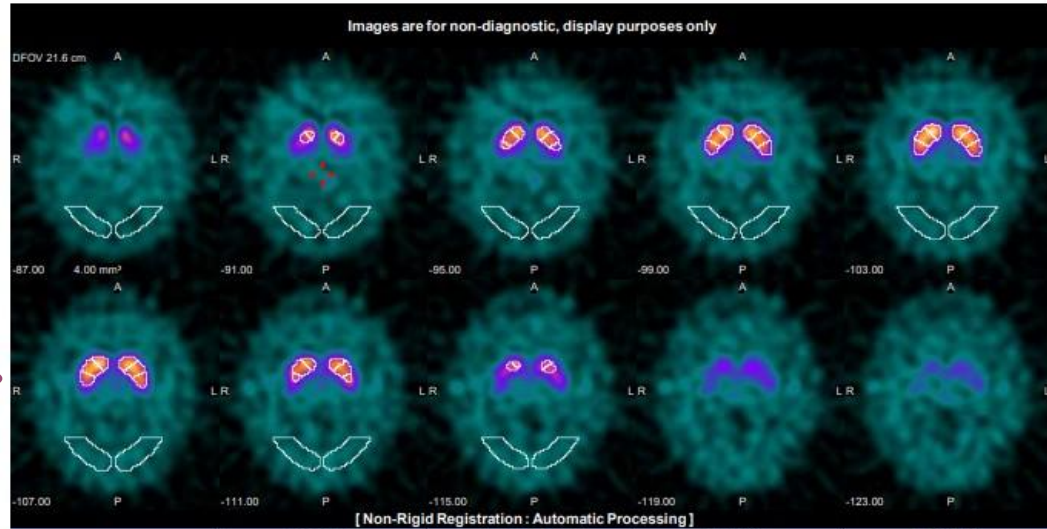
GRADE 0

ΓΕΝΙΚΟ ΝΟΣΟΚΟΜΕΙΟ ΧΑΝΙΩΝ ΤΜΗΜΑ ΠΥΡΗΝΙΚΗΣ ΙΑΤΡΙΚΗΣ

Patient Name :
Exam Description : DaTSCAN RESULTS
Data : FBP REGISTERED
Camera : INFINIA
Collimator Type : Parallel
DoB : 1 Ιαν 1985
Gender : Female
Reconstruction Type : Filtered Backprojection
Normal DB : GE FBP NC NDB
 GE normals database for FBP with no correction
 Manually Modified Not used for uptake calculation

Patient ID :
Exam Date : 24 Ιαν 2020
Age (Years) : 35
Collimator Name : LEHR
Counts (kCounts) : 2848.7
Activity (mCi) ⁰ : 4.4
Radiopharmaceutical ⁰ : DaTscan (I123 ioflupane)
Corrections : No Correction

Normal



	Measured	Mean (±1 SD)	Deviation	Z-Score
Striatum Right SBR	+2.86	+2.70 (±0.36)	+6%	+0.46
Striatum Left SBR	+2.78	+2.72 (±0.37)	+2%	+0.16
Anterior Putamen Right SBR	+2.87	+2.67 (±0.37)	+7%	+0.54
Anterior Putamen Left SBR	+2.79	+2.65 (±0.38)	+6%	+0.38
Posterior Putamen Right SBR	+2.49	+2.33 (±0.34)	+7%	+0.46
Posterior Putamen Left SBR	+2.48	+2.34 (±0.36)	+6%	+0.40
Caudatus Right SBR	+3.13	+3.02 (±0.43)	+4%	+0.28
Caudatus Left SBR	+2.97	+3.08 (±0.44)	-4%	-0.25

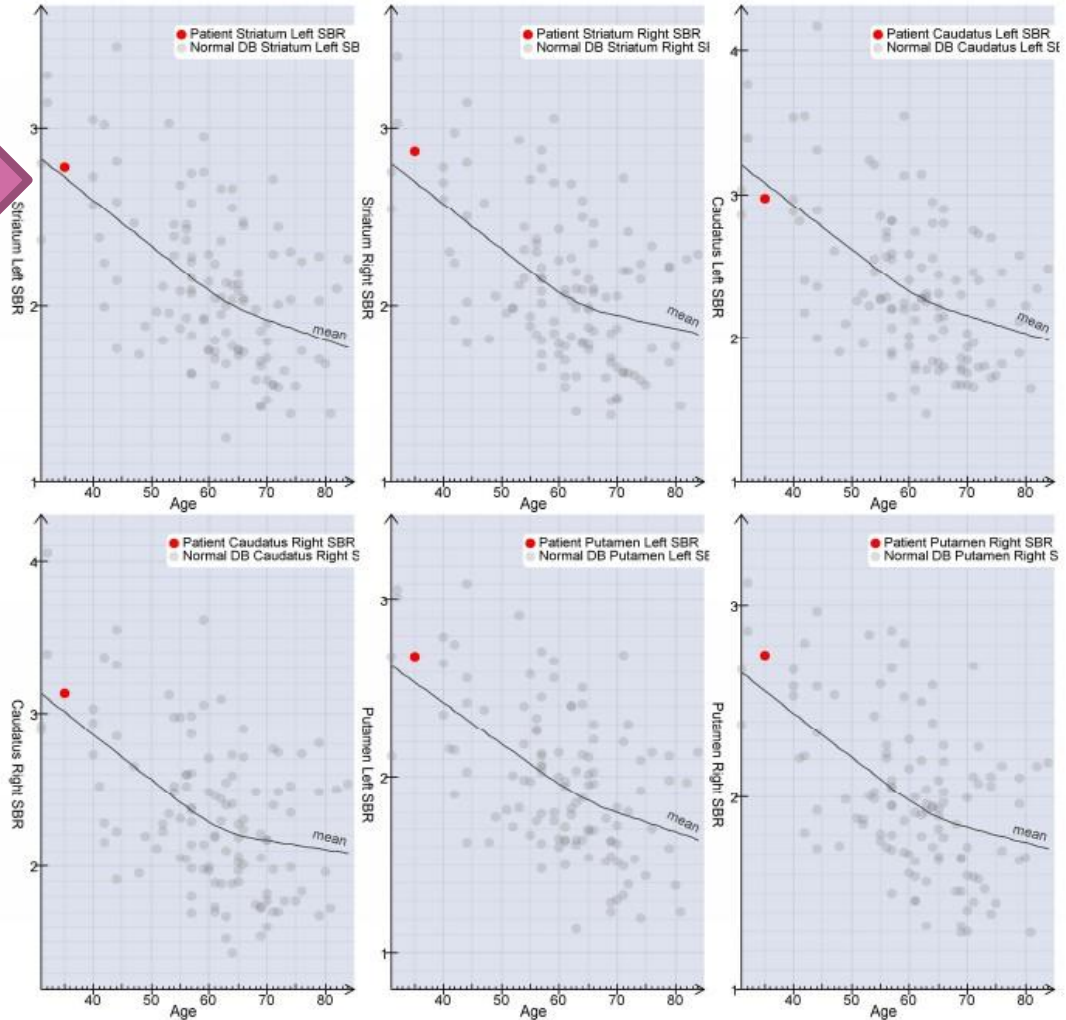
GRADE 0

ΓΕΝΙΚΟ ΝΟΣΟΚΟΜΕΙΟ ΧΑΝΙΩΝ ΤΜΗΜΑ ΠΥΡΗΝΙΚΗΣ ΙΑΤΡΙΚΗΣ

Patient Name :
Exam Description : DaTSCAN RESULTS
Data : FBP REGISTERED
Camera : INFINIA
Collimator Type : Parallel
DoB : 1 Ιαν 1965
Gender : Female
Reconstruction Type : Filtered Backprojection
Normal DB : GE FBP NC NDB
GE normals database for FBP with no correction

Patient ID :
Exam Date : 24 Ιαν 2020
Age (Years) : 35
Collimator Name : LEHR
Counts (kCounts) : 2848.7
Activity (mCi) : 4.4
Radiopharmaceutical : DaTscan (123 Ιoflupane)
Corrections : No Correction

Manually Modified : Not used for uptake calculation



Equal or better than the mean value!

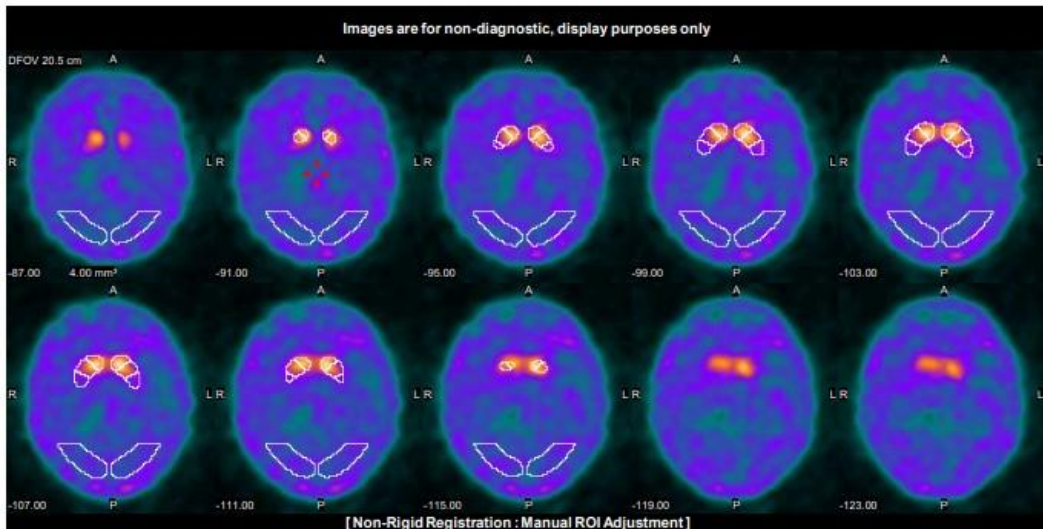
GRADE 3

ΓΕΝΙΚΟ ΝΟΣΟΚΟΜΕΙΟ ΧΑΝΙΩΝ ΤΜΗΜΑ ΠΥΡΗΝΙΚΗΣ ΙΑΤΡΙΚΗΣ

Patient Name :
 Exam Description : Tomo_Transaxials
 Data : IRNC REGISTERED
 Camera : INFINIA
 Collimator Type : Parallel
 DoB : 19 Ιοβ 1951
 Gender : Female
 Reconstruction Type : OSEM
 Normal DB : GE OSEM NC NDB
 GE normals database for OSEM with no correction
 Manually Modified ⁰ Not used for uptake calculation

Patient ID :
 Exam Date : 12 Φεβ 2021
 Age (Years) : 70
 Collimator Name : LEHR
 Counts (kCounts) : 3030.1
 Activity (mCi) ⁺ ⁰ : 4.4
 Radiopharmaceutical ⁺ : DaTscan (1123 ioflupane)
 Corrections : No Correction

Full Stops



	Measured	Mean (± 1 SD)	Deviation	Z-Score
Striatum Right SBR	+0.72	+1.84 (± 0.33)	-61%	-3.35
Striatum Left SBR	+0.81	+1.82 (± 0.35)	-55%	-2.85
Anterior Putamen Right SBR	+0.71	+1.87 (± 0.35)	-62%	-3.34
Anterior Putamen Left SBR	+0.85	+1.83 (± 0.36)	-54%	-2.69
Posterior Putamen Right SBR	+0.27	+1.48 (± 0.32)	-82%	-3.76
Posterior Putamen Left SBR	+0.36	+1.48 (± 0.35)	-75%	-3.16
Caudatus Right SBR	+1.05	+2.05 (± 0.40)	-48%	-2.50
Caudatus Left SBR	+1.06	+2.04 (± 0.42)	-48%	-2.32

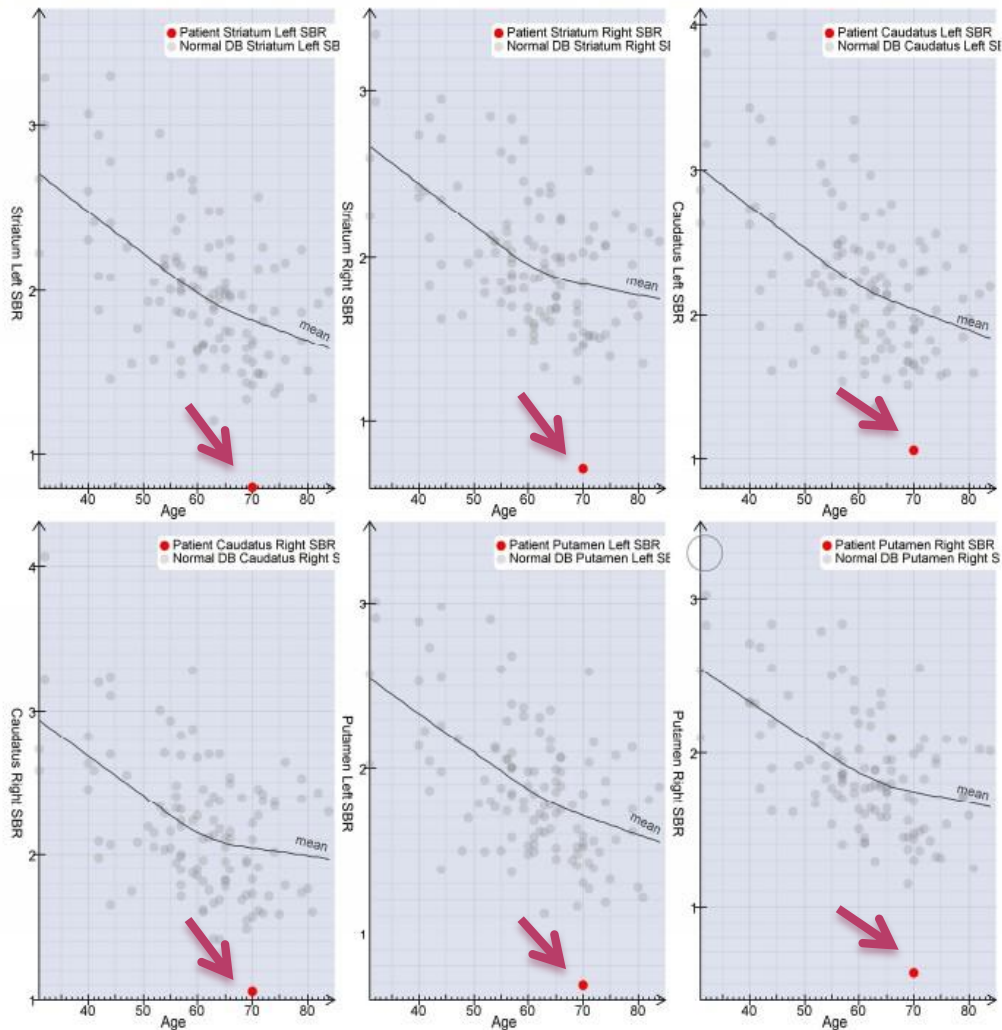
GRADE 3

ΓΕΝΙΚΟ ΝΟΣΟΚΟΜΕΙΟ ΧΑΝΙΩΝ ΤΜΗΜΑ ΠΥΡΗΝΙΚΗΣ ΙΑΤΡΙΚΗΣ

Patient Name :
Exam Description : Tomo_Transaxialis
Data : IRNC REGISTERED
Camera : INFINIA
Collimator Type : Parallel
DoB : 19 Ιov 1951
Gender : Female
Reconstruction Type : OSEM
Normal DB : GE OSEM NC NDB
GE normals database for OSEM with no correction

Patient ID :
Exam Date : 12 Φεβ 2021
Age (Years) : 70
Collimator Name : LEHR
Counts (kCounts) : 3030.1
Activity (mCi) : 4.4
Radiopharmaceutical : DaTscan (123 Iofupane)
Corrections : No Correction

Manually Modified ⁰ Not used for uptake calculation



Very low values...

DISCUSSION

- ◉ With the introduction of the Benamer's criteria, there was a unified rating scale for visual assessment of DaT imaging. There are various ways of semi-quantitative or quantitative assessment. [3]
- ◉ At our Department we use the Benamer's scale for visual assessment and DaTQUANT software for quantification.

CONCLUSIONS

- ◉ The combination of visual and quantitative assessment is essential for the correct diagnosis leading to appropriate treatment.

KEY WORDS

- ◉ *Parkinson's disease, DaTQUANT, ¹²³I-Ioflupane*

REFERENCES

1. Benamer HTS, Patterson J, Grosset DG, Booij J, de Bruin K, van Royen E, et al. Accurate differentiation of parkinsonism and essential tremor using visual assessment of [123 I]-FP-CIT SPECT imaging: The [123 I]-FP-CIT study group. *Mov Disord*. 2000 May;15(3):503-510.
2. Brogley JE. DaTQUANT: The Future of Diagnosing Parkinson Disease *J Nucl Med Technol*. 2019 Mar;47(1):21-26.
3. Ueda J, Yoshimura H, Shimizu K, Hino M, Kohara N. Combined visual and semi-quantitative assessment of 123I-FP-CIT SPECT for the diagnosis of dopaminergic neurodegenerative diseases. *Neurol Sci*. 2017 Jul;38(7):1187-1191.